

CHINA GARDEN GOES CROSSFIT!

PALEO FOOD CHINESE STYLE!
EAT WELL AND YOU'LL EXERCISE BETTER!

3 COURSE PRIX FIXE MENU

APPETIZER:

-COCONUT CURRY SOUP WITH KING PRAWNS

MAIN (A PLATE CONSISTING OF A VARIETY OF THE FOLLOWING):

-BEEF STIR FRIED WITH TOMATOES AND GREEN PEPPER
-PAK-CHOI VEGETABLES WITH GINGER AND GARLIC
-KING PRAWNS WITH GARLIC, BROCCOLI AND SUGAR SNAP PEAS

DESSERT:

-FRESH FRUITPLATE OF THE SEASON

EUR 20,00 PER PERSON

SINGLE ORDERS:

-COCONUT CURRY SOUP WITH KING PRAWNS	EUR 5,50
-EGG AND LEEK STIR FRIED OR AS AN OMELETTE	EUR 11,00
-BEEF STIR FRIED WITH TOMATOES AND GREEN PEPPER	EUR 15,00
-CHICKEN IN COCONUT CURRY	EUR 14,50
-PAK-CHOI VEGETABLES WITH GINGER AND GARLIC	EUR 11,50
-KING PRAWNS WITH GARLIC, BROCCOLI+SUGAR SNAP PEAS	EUR 20,70
-CAULIFLOWER (INSTEAD OF FRIED RICE) STIR FRIED WITH ONION, EGG AND A MEAT OF YOUR CHOICE: CHICKEN, BEEF OR PORK	EUR 13,00

ALL DISHES ARE ALSO AVAILABLE FOR TAKE AWAY

MEALS ARE PREPARED WITHOUT SUGAR, SOY-SAUCE, GRAIN AND MSG.
WE ARE USING COCONUT OIL.
STEAMED WHITE RICE WILL BE SERVED FOR FREE WITH A MAIN DISH UPON REQUEST.

WARM MEALS FROM
11:30AM-11PM

KÖNIGSTRASSE 17
70173 STUTTGART

WWW.CHINAGARDEN-
STUTTGART.DE

FOR TABLE RESERVATIONS
PLEASE CALL
+491633895900.

Recommended by:



www.crossfitstuttgart.com

What Is The Paleo Diet?

The **Paleo diet** is the healthiest way you can eat because it is the **ONLY** nutritional approach that works with your genetics to help you stay lean, strong and energetic! Research in biology, biochemistry, Ophthalmology, Dermatology and many other disciplines indicate it is our modern diet, full of refined foods, trans fats and sugar, that is at the root of degenerative diseases such as obesity, cancer, diabetes, heart disease, Parkinson's, Alzheimer's, depression and infertility. - [Robb Wolf](#)

For more information visit:
www.robbwolf.com